

A Little About Us...

Tiramisu For Breakfast Agency is a social media-focused marketing and PR strategic consulting firm. Our clients range from local Richmond startups to international brands and everywhere in-between. Our office is located in Richmond's Shockoe Bottom.

We believe that your communications approach should amplify the things your business is already doing well and be a reflection of your values and performance. How you do anything is how you do everything. Social media should be integrated into your overall marketing, advertising and customer service strategies.

We believe that those who say it cannot be done should not get in the way of those who are doing it.

We believe in kindness over everything.

We want to help you solve your tough problems through creativity, help you talk in your customers' language, and make the complicated simple.

How We Work

COMMUNICATION

We're people people. We like to meet virtually and in-person as often as possible. We also create digital channels for continual sharing, feedback and ideation.

RESEARCH

We'll do the research to uncover how you can make communications work for you- inside and outside your company. Our research helps us to develop a detailed content strategy built on insights about your audience and a plan for analyzing and optimizing on an ongoing basis.

We examine examples and insights from the marketing of direct competitors and your industry. We also look at examples outside of your industry and analyze online conversation (social listening) around your brand and our community.

EDUCATION

As an instructor at Virginia Commonwealth University, I believe in lifelong learning. We believe in empowering our clients through education . When possible, we love to incorporate client projects into the classroom so that students get "real-world" experience.

OPTIMIZATION & EFFICIENCY

We establish key performance indicators within the communications strategy based on your organizations unique goals. We establish a consistent reporting structure to track toward those goals and adjust as needed. We're always looking for ways to do better.

CREATIVITY

Real creativity comes when you admit you don't have all the answers. We believe in saying "I don't know" in pursuit of the best ideas.

Our Approach

We lift clients up to make them feel confident with their content strategy - teaching them techniques for the long run, not just for now.

We believe knowledge is power and we want to empower our clients and never underestimate them.

Everyone you meet knows something that you don't. Working with us is a two way learning experience.

We have a wide range of clients and have worked at so many different types of companies. We know there's not just one right way to do something. We personally get to know your company and the intricacies of your company and customize/personalize our approach to that.

We Believe In

bravery enthusiasm generosity empowerment resilience determination passion unending self-improvement inclusionjoy, happiness, & fun showing up making the most of it respect for clients and individuals working together growth

Mhat We Do

SERVICES

COMMUNICATIONS STRATEGY

COMMUNICATIONS STRATEGY

CONTENT STRATEGY

BRANDING STRATEGY

STRATEGY SESSIONS

RESEARCH

COMMUNICATIONS AUDITS
INDUSTRY ANALYSIS
FOCUS GROUPS

SOCIAL MEDIA

SOCIAL MEDIA STRATEGY
STAFF SOCIAL MEDIA TRAINING
CONTENT CREATION
PAID SOCIAL MEDIA ADVERTISING

EDITORIAL

BRANDED CONTENT
SPONSORED CONTENT
INTERVIEWS

PUBLIC RELATIONS

MEDIA RELATIONS

PRODUCT LAUNCHES

BRANDED EVENTS

REPORTING INFLUENCER CAMPAIGNS

DESIGN

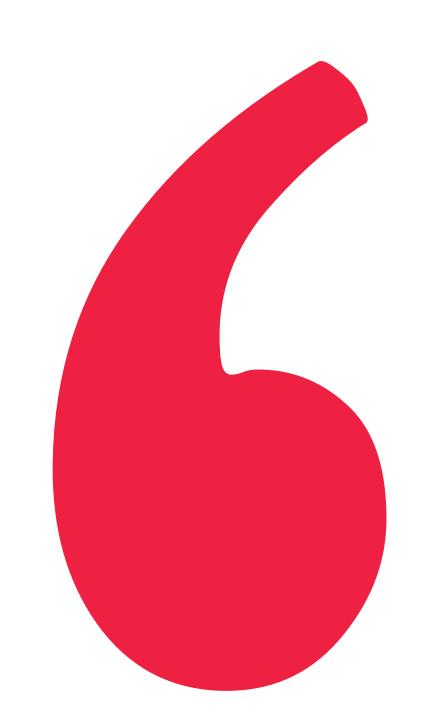
WEB DESIGN

GRAPHIC DESIGN

PRINT DESIGN

MEDIA

TV/RADIO BUYING
DIGITAL MEDIA BUYING



WHEN YOU'VE EXHAUSTED ALL THE POSSIBILITIES, REMEMBER THIS: YOU HAVEN'T.

THOMAS EDISON

Who We've Worked With

PAST & PRESENT CLIENTS

FOOD & BEVERAGE

HOSPITALITY

AUTOMOTIVE

FITNESS

HEALTHCARE

EDUCATION

GOVERNMENT

BEAUTY

FINANCE

RETAIL

HOME IMPROVEMENT



















































































































2020

VIRGINIA PR AWARDS

CAPITAL AWARD | INFLUENCER CAMPAIGNS

Tooth Brigade Children's Toy Launch

2019

VIRGINIA PR AWARDS CAPITAL AWARD | INFLUENCER CAMPAIGNS $McRib\ RVA$

2018

VIRGINIA PR AWARDS

CAPITAL AWARD | SOCIAL MEDIA

Brandcenter Social Recruitment Strategy.

VIRGINIA PR AWARDS

CAPITAL AWARD | WORD-OF-MOUTH

Overcoming Bias Book Launch

2017

STYLE WEEKLY TOP 40 UNDER 40

VCU ALUMNI 10 UNDER 10

VIRGINIA PR AWARDS
CAPITAL AWARD | SOCIAL MEDIA

James River Air Conditioning Campaign to
benefit Richmond SPCA

2016

VIRGINIA PR AWARDS

CAPITAL AWARD OF EXCELLENCE

BLOGGER CAMPAIGN

Elements Beauty Bloggers Campaign

PRE-TFB AWARDS WON BY CHRISTINA 2015

VIRGINIA PR AWARDS

CAPITAL AWARD I SOCIAL MEDIA

Summer of Sweet Frog Social Campaign

TESTIMONIALS

Christina is energetic, professional, and passionate- her energy is contagious! You can tell that Christina genuinely cares about her clients and ensures they are being heard; she makes sure that the partnership between client and agency is a collaborative one. Within a short time span of working with TFB Agency we were able to move from a "wish" list to an "action" list, and execute specific social media strategies that aligned with our program's mission, vision, and values. It was exciting to see our ideas come to life, and appreciate all that TFB Agency did to help us make it happen.

HAWLEY SMYTH

Senior Admissions Coordinator, VCU Brandcenter

Working with Christina has been great for my brand! Not only is she an amazing relationship builder and community connector, but she's given me so many out-of-the-box ideas for how to obtain exposure and get the word out about my business. I also love her desire to bring a little Southern hospitality back to the PR world!"

BRITTANY MULLINS

Eating Bird Food

No question Christina's drive and energy to learn about our business.

BILL BARNES

Treasurer, Richmond McDonalds Advertising Co-Op

Christina is always thinking ahead. We have really come to value her advice and she really always has some great recommendations. She has opened my eyes to the fact that social can be an important part of your overall marketing plan.

BILLY AMACKER

James River Air Conditioning

She's enthusiastic and forward-thinking. We love the in-person interaction and her passion for our organization and the lives we save — especially the kittens. :). Her work pays off, literally! Thank you for helping us raise thousands of dollars to support the pets in our care.

GRAY MILLER

Richmond SPCA

TIRAMISU for BREAKFAST



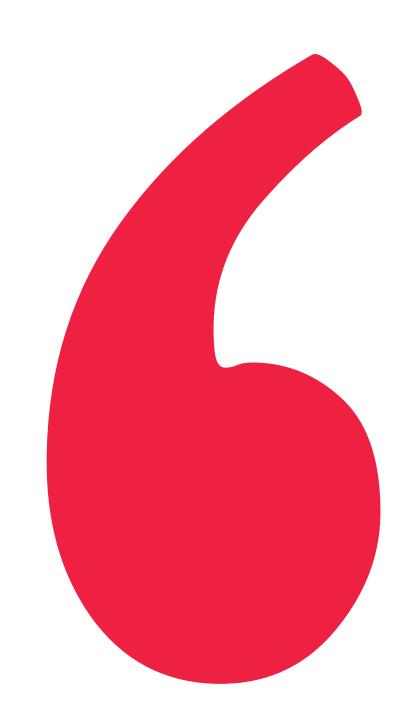
social media-focused marketing and PR strategic consulting firm with a client list including McDonalds, Scottish Salmon Company, Patient First, and the VCU Brandcenter. Christina was named by Style Weekly as one of Richmond's Top 40 Under 40 recipients for the class for 2017 and VCU Alumni's 10 Under 10.

Christina began her career in advertising as a broadcast media buyer at The Martin Agency, and has worked at Capital One, Big River and Aquent, marketing for brands including GEICO, Cool Whip, Walmart, Virginia Lottery, sweetFrog, and The Virginia Museum of Fine Arts.

An adjunct professor of advertising at VCU's Robertson School of Media and Culture, Christina is also the former president of the Richmond Ad Club and associate board member for Richmond CenterStage. She has served on the associate board for Richmond Centerstage, the Public Relations Society of America's Richmond Chapter, the Wine, Women & Shoes committee to benefit Bon Secours Forensic Nursing, and the junior board of Celebrate RVA.

cant wait to work with you!





IT'S AMAZING WHAT YOU CAN ACCOMPLISH WHEN YOU DON'T CARE WHO GETS THE CREDIT

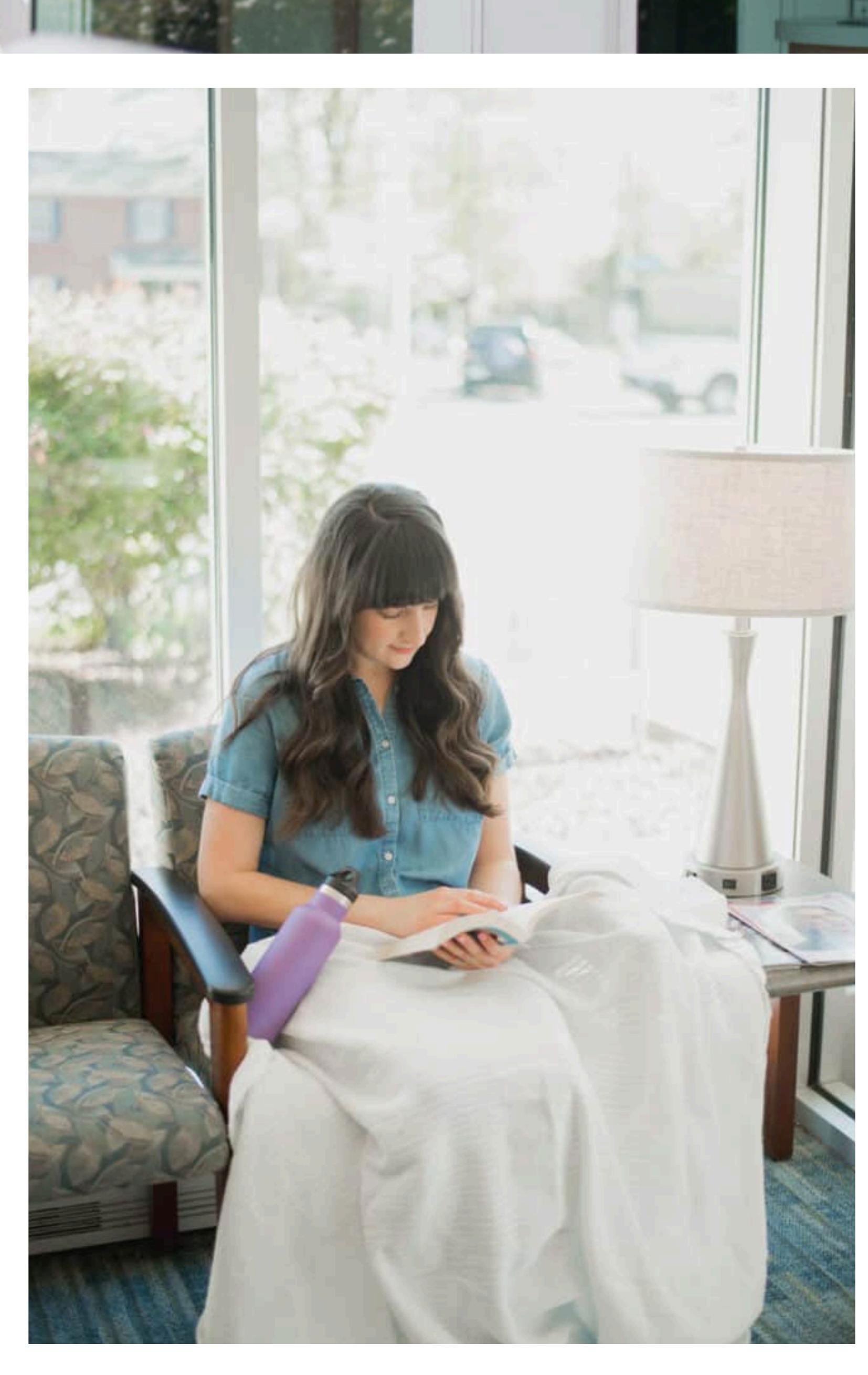
HARRY TRUMAN

SOCIAL MEDIA STRATEGY | PAID SOCIAL MEDIA ADVERTISING | INFLUENCER CAMPAIGNS



Patient First was TFB's second client ever. We worked with them on a social content strategy in 2016. We just helped them launch an influencer marketing strategy with Liz of I Heart Vegetables.

Elizabeth Thomson (Who founded both I Heart Vegetables AND Virginia Bloggers) is the one who encouraged me to start Tiramisu For Breakfast a blog when we were working together at Capital One (she helped me get a job there after meeting in our adult gymnastics class.) It's been so awesome to get to work with her through TFB Agency for my clients.



teart Vegetables for

atient First

8 AM - 10 PM

365 Days a Year

If you require emergency case pifer hours, phone call ICLI or galls the

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Beauty Blogger Campaign

The Elements Beauty Bloggers campaign leveraged a diverse set of influential bloggers to reach a new audience for ElementsBeautyShop.com. From a frugal fashionista to a high-end beauty lover to a melanoma survivor and skin cancer prevention advocate, blogger partnerships exposed the Elements brand to new customers. The results were increases in awareness, event sales, social media following and overall online sales.





The McRib has been both iconic and elusive since its debut 35 years ago - and it hadn't been offered in Richmond in several years. From working with a local cartoonist to create custom artwork to hiring a fruit artist to carve a watermelon rendition of the iconic sandwich, we leveraged the familiarity of the national brand while adding local flavor by truly customized content to the market. Twitter mentions increased 190% since the last year McRib was in market. Posts from influencers garnered 2,232 likes on Instagram, NBC12 did a segment. One couple even included McRibs in their engagement photos.



<u>↑</u>

PeppaPapa @4MyT_inVa · 4d

Replying to @RVACoffeeStain

 \bigcirc 2

True love for sure.

The campaign
won a Capital
Award in the
Influencer
Marketing
Category at the
Virginia Public
Relations
Awards.





We worked with local fruit-carving artist

@wei_fruit_carving to create a custom work of McRib-themed art with the rind of a watermelon as his medium.



We designed and printed 250 custom enamel pins to share with influencers and fans.



Keya Wingfield, the creator of Candy Valley Cake Pops, launched her newest venture, **Keya + Co.** (Indian-American fusion pop-ups) with an influencer preview at the Tiramisu For Breakfast Offices.





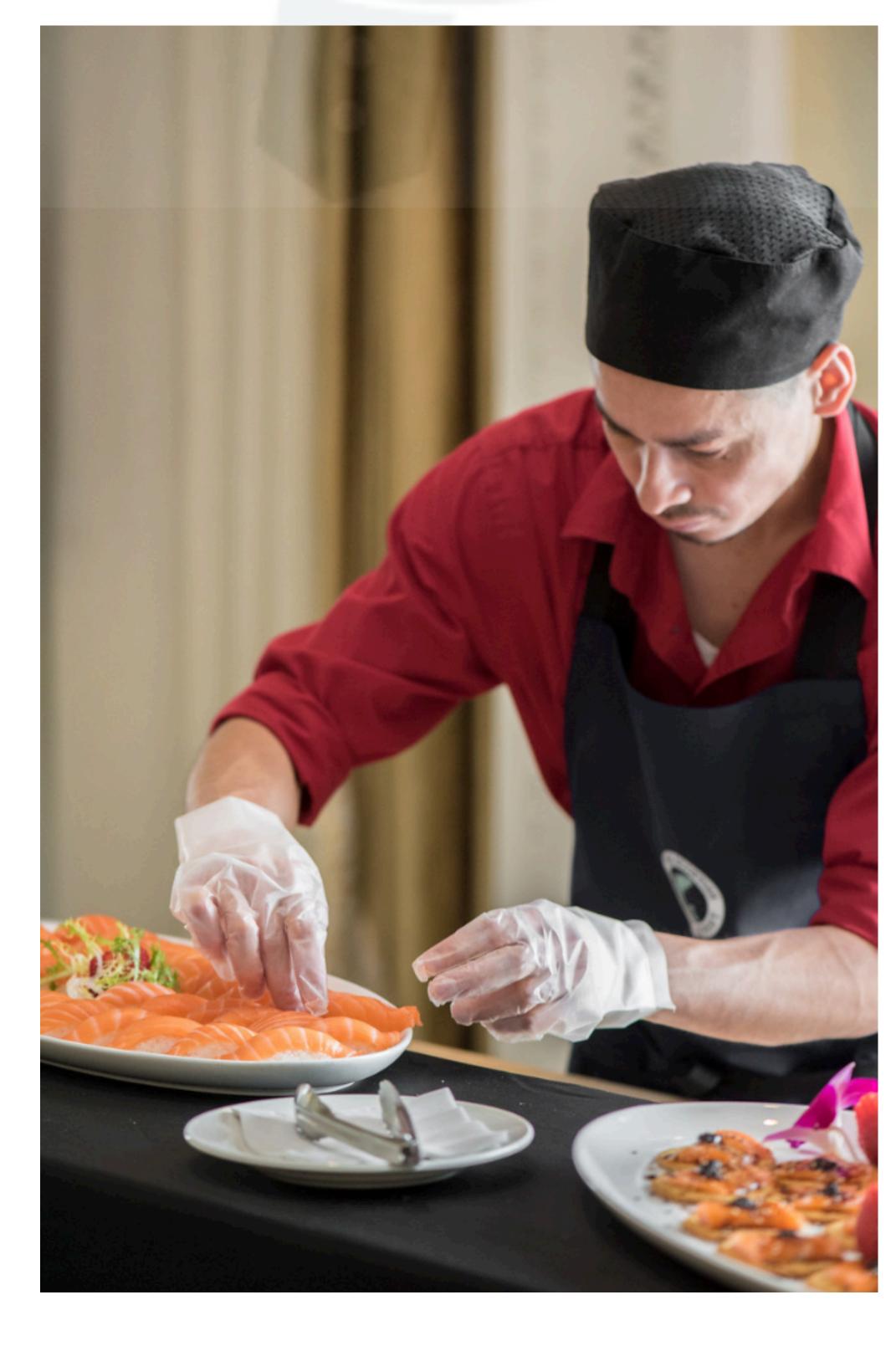
SCOTISH SALVON COMPANY

Local restaurateurs, chefs, and foodies helped us welcome the **Scottish Salmon Company**, to Richmond.

Our goal was to educate the community about the quality of their Lochlander Salmon (and to show them a good time, of course.) We created an authentic Scottish experience, complete with tartan and bagpipes.











We designed press kits and developed a media outreach including local and national outlets for our clients at KINIS Barefoot. We also helped them launch their very first store at Short Pump Mall in Richmond, Virginia, complete with a virtual reality experience for customers.

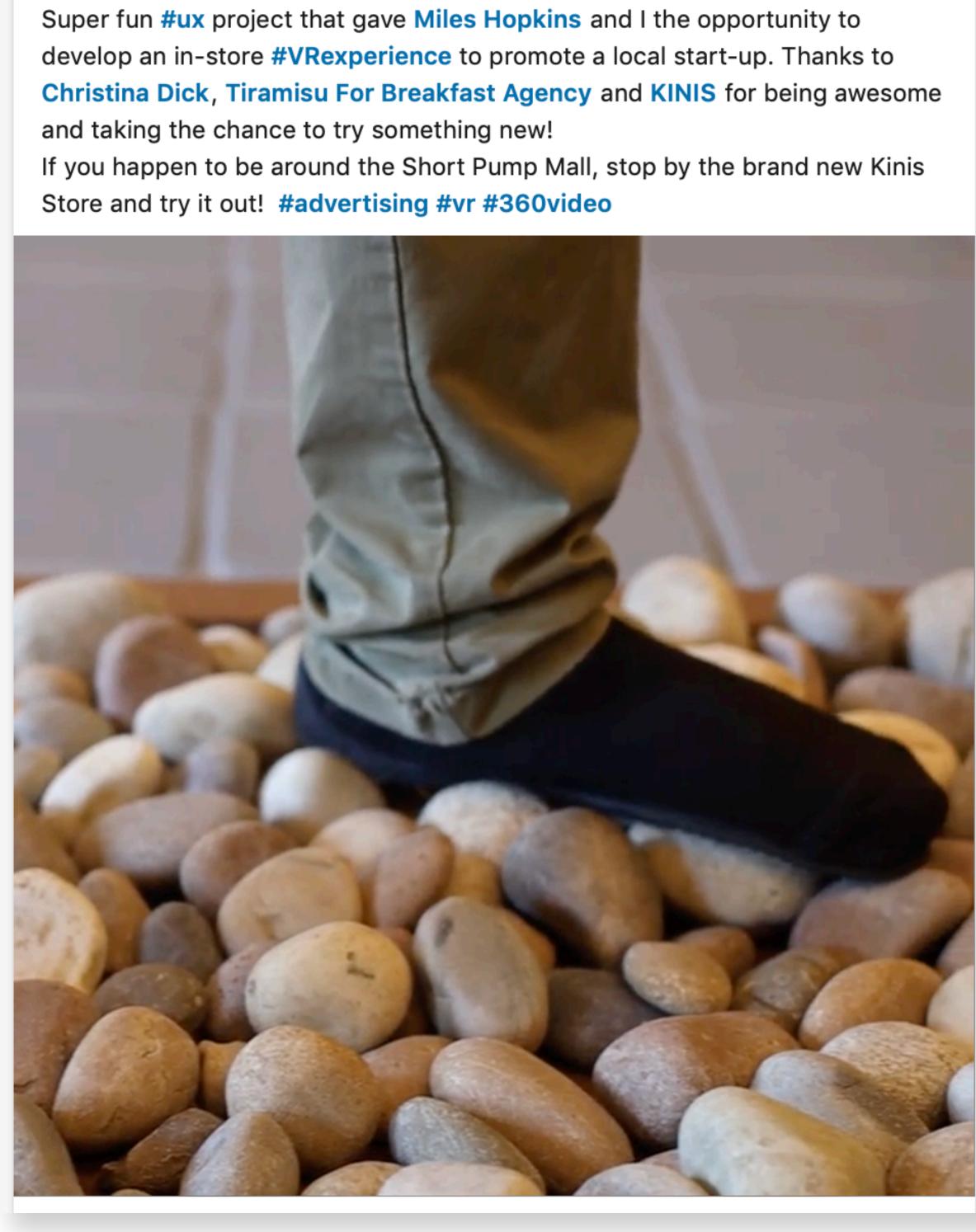






Juan Steck • 1st





Content Producer with experience in videography, VR and Augmented R...

3w • Edited • 🚱 Anyone

VIRTUAL REALITY EXPERIENCE

We got 360 footage and audio from familiar locations in Richmond like Belle Isle and Byrd Park. We placed mats with different textures like grass and pebbles in the store, so when people put on the VR headset and KINIS shoes, they'll experience these places as if they were there.

PopUp Store Design















We partnered with bloggers across Virginia, each providing their own unique lens on **REV**YOUR BEV's mission. Bloggers went above and beyond contract requirements, sharing bonus content and even attending events in-person with their families.



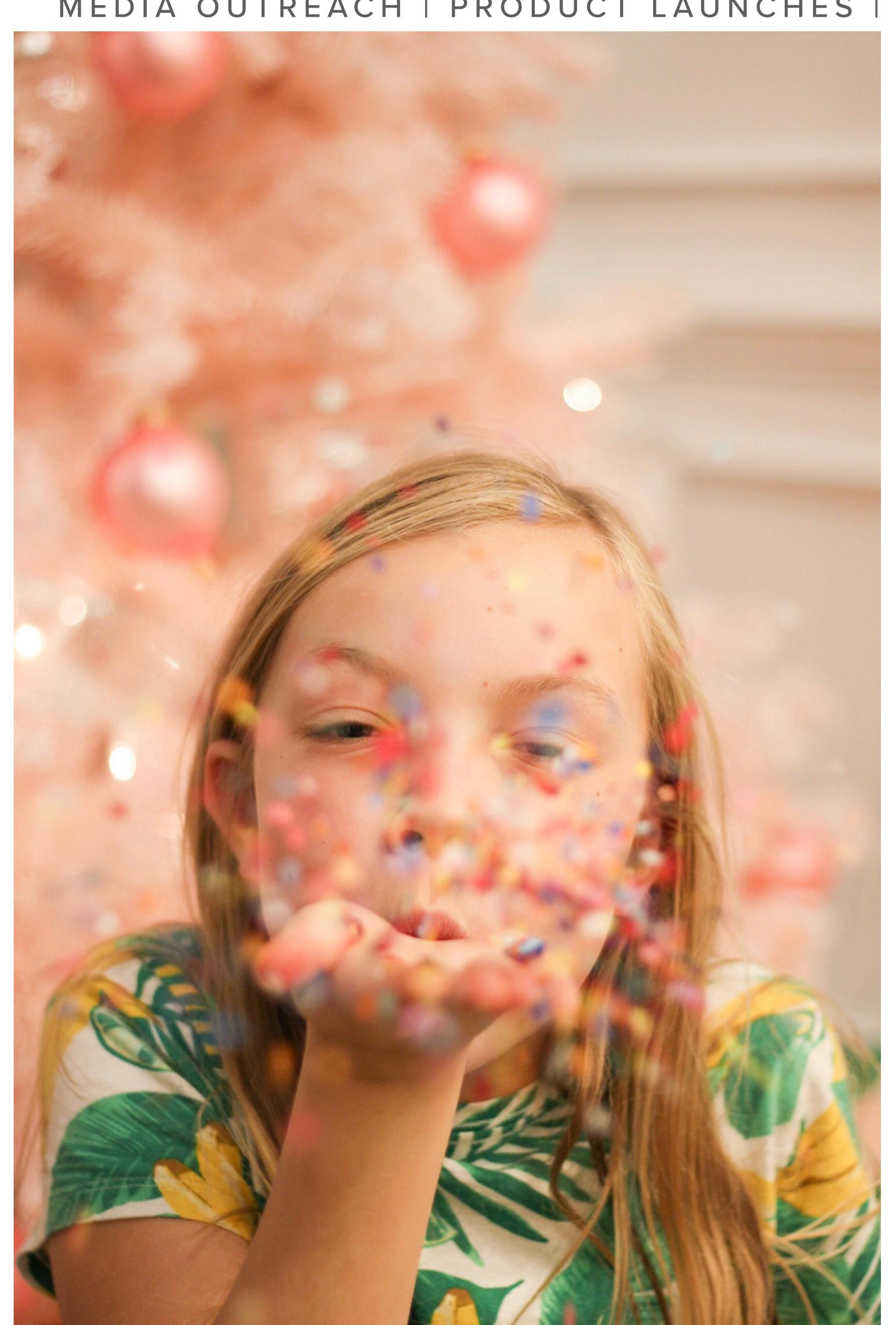




We worked with Andy Azula and his wife and partner Sharon on launching their line of children's toys It Helps To Play, starting with their first product, a tooth fairy-themed book and plush combo called The Tooth Brigade.



MEDIA OUTREACH | PRODUCT LAUNCHES | BRANDED EVENTS | INFLUENCER CAMPAIGNS









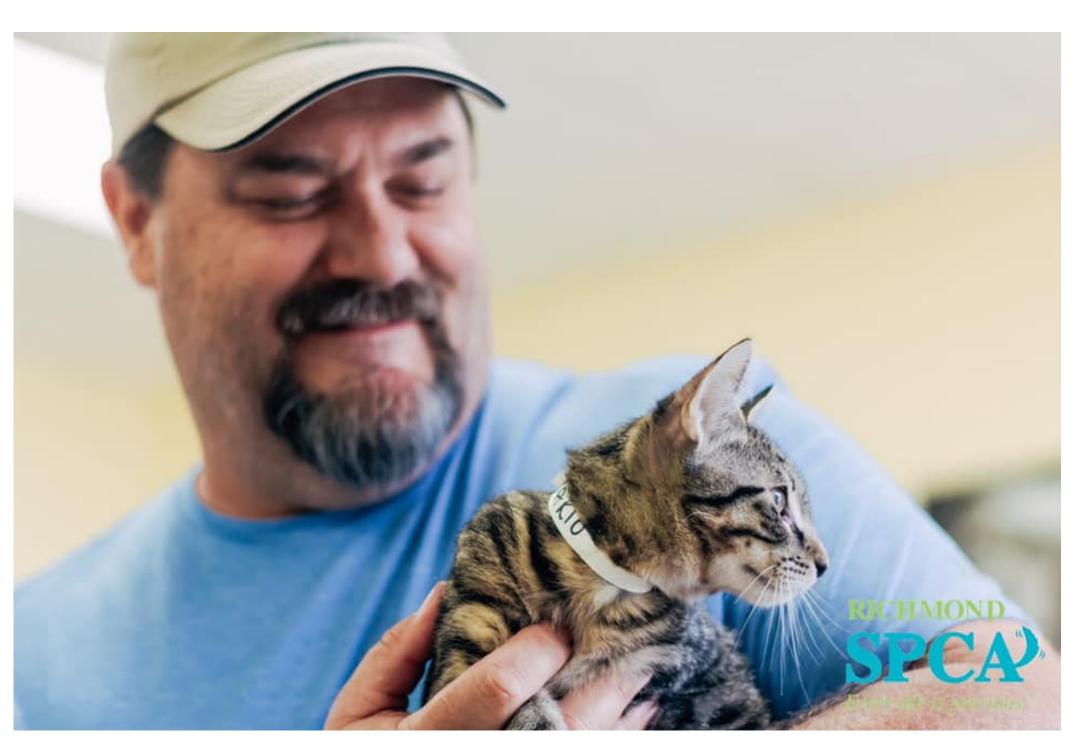


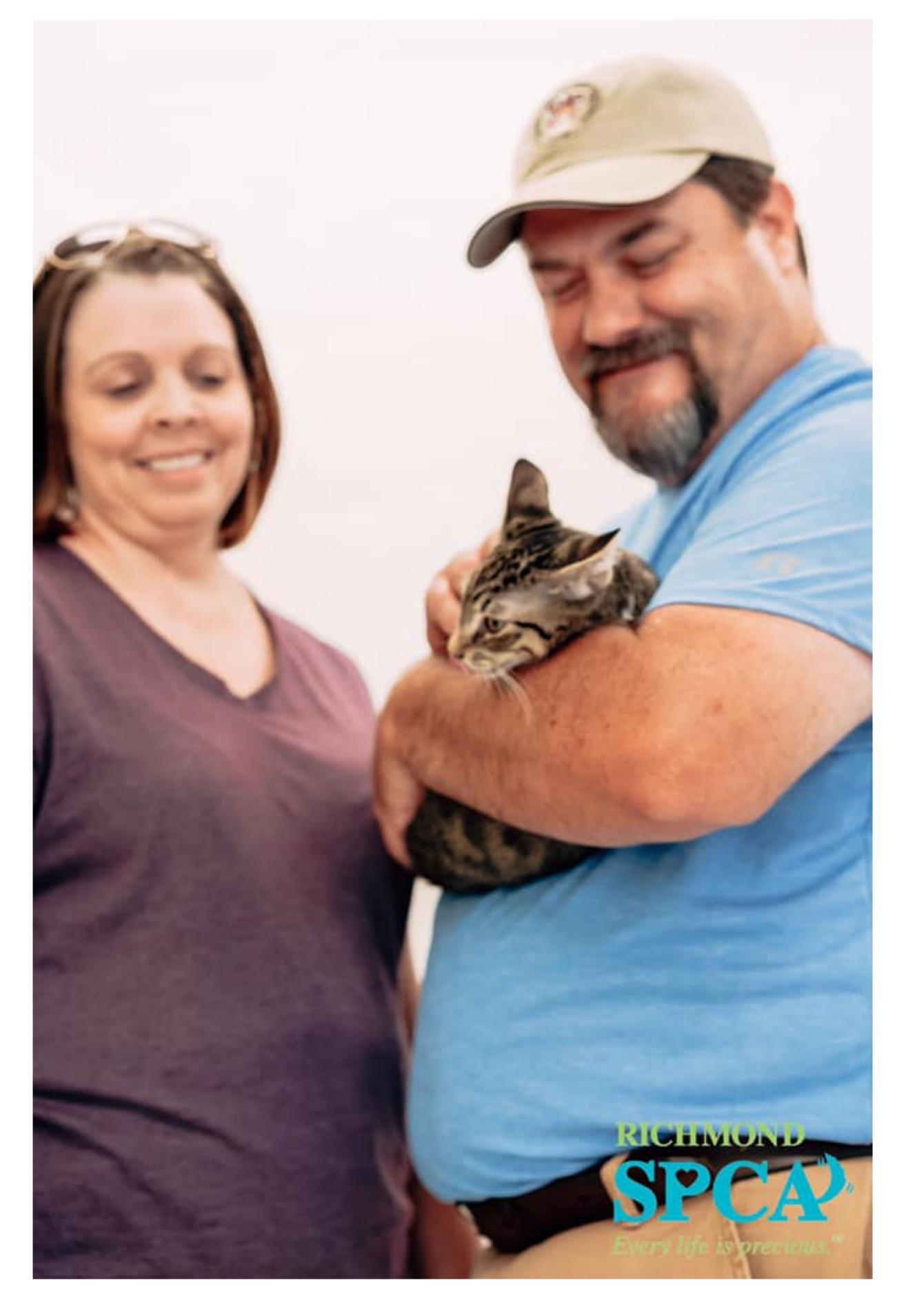
BUTTHE WORLD ALL THE GOD





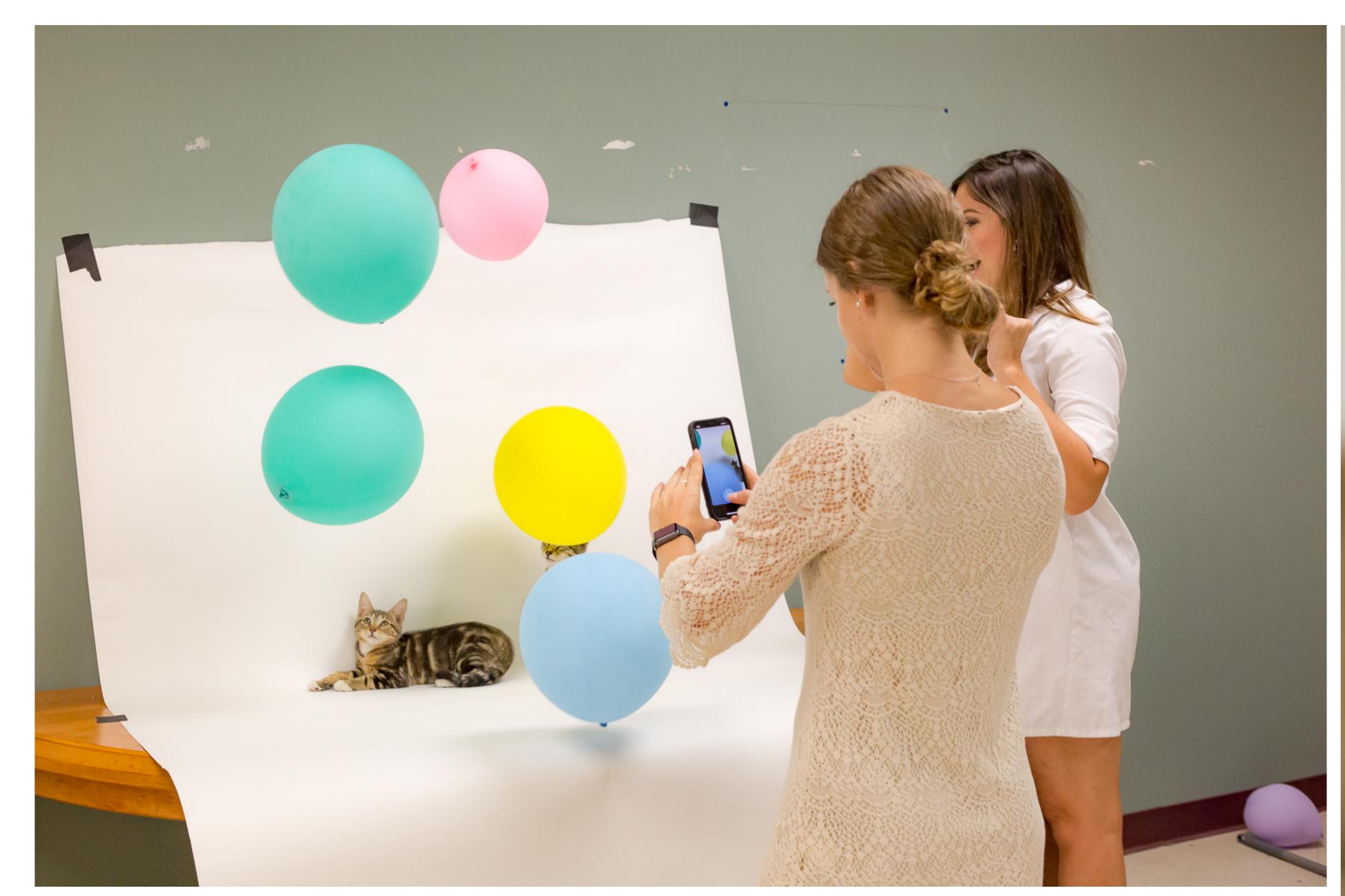






We also partnered with **Richmond SPCA** on National Clear The Shelters
Day to capture pets as they went home with their new families.

TIRAMISU for BREAKFAST







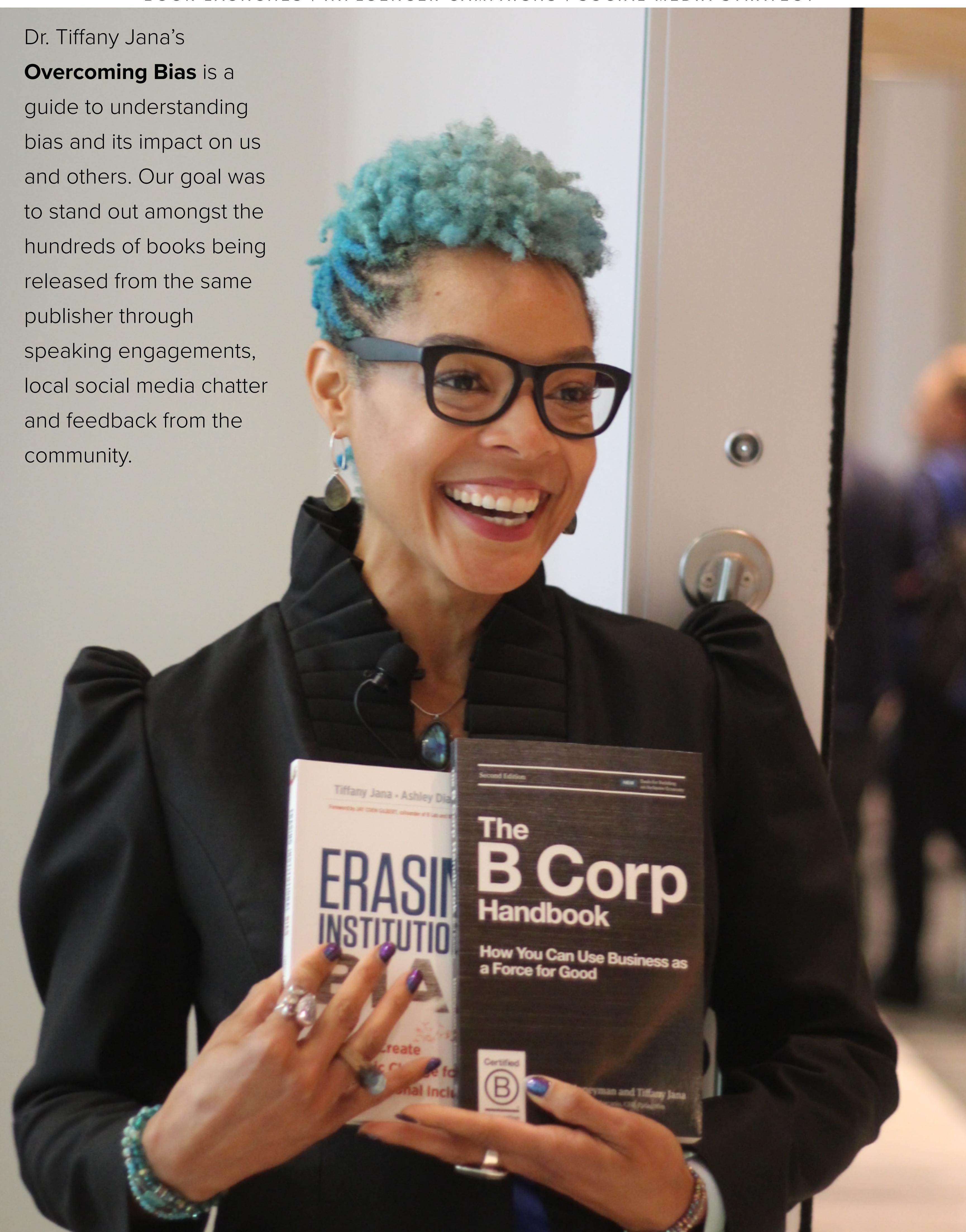




We also shot fresh
photos of brand-new
kittens to help them
get adopted.



Another charity we love to support is **Cultureworks**, which provides grants to arts organizations. Every October, the organization launches a campaign to promote arts programming around the city. We designed an edible logo and partnered with Urban Hang Suite on a special recipe. We also helped legally graffiti Artober logos on the streets.



We worked to identify events and existing groups that aligned with the values and messaging of the book to engage with rather than trying to create our own separate group from scratch. We found groups focused on inclusivity forming on Facebook. When one of those inclusivity groups launched a monthly book club, Overcoming Bias was the first selection. We reached out to the group's leader and provided discussion prompts, answered questions from readers in the group and even hosted an in-person book club. As a result of the book's outpour of local engagement, the book's San Franciscobased publisher signed two additional book deals with Dr. Jana.





TIRAMISU for BREAKFAST

MORRISTILE

We worked with Bethany Silver Miller to creative a cohesive branding style guide for our clients at **Morris Tile**. Behind-the-scenes, we met with their staff and evaluated their digital and social presence to identify opportunities for the brand.

MAIN LOGO



ALTERNATE LOGO & ICONS

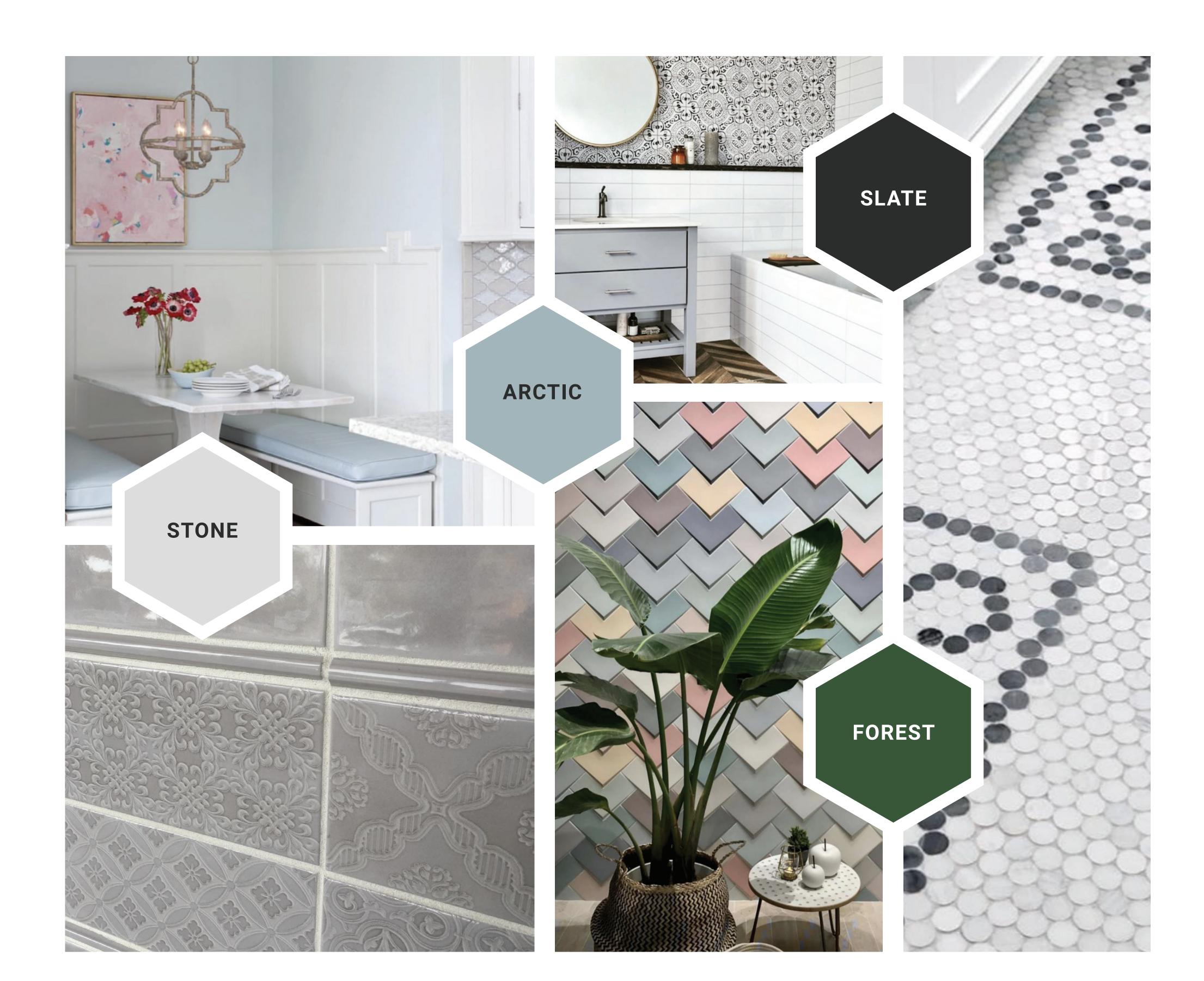








COLOR PALETTE



McNugget bouquets for Calentines



Galentine's Day is all about sharing the love, and what better way to show your love than with a McNugget bouquet?! Keya Wingfield of Candy Valley Cake Company worked with us to design these custom Galentine's Day bouquets made with real McDonald's Chicken Nuggets. We also worked with local illustrator Hayden Ireland to create a card with the likenesses of some of our favorite RVA gals in celebration of Galentine's Day.













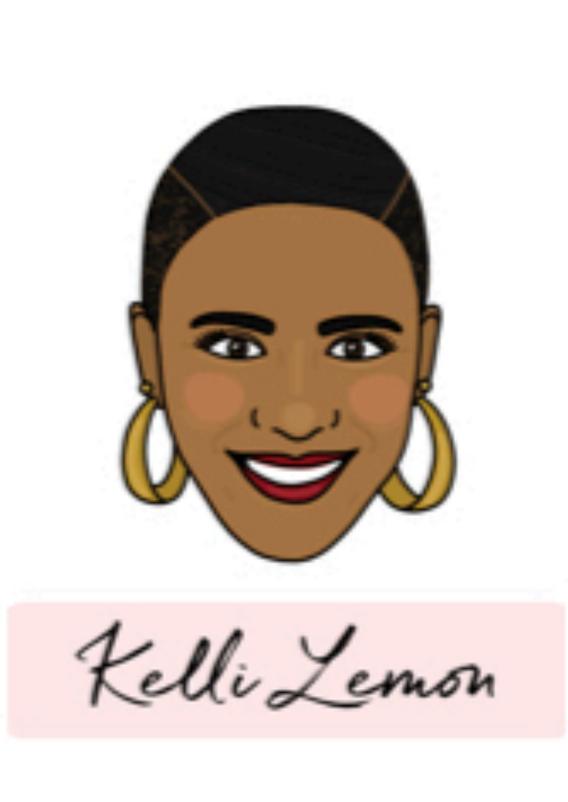


















COMPANY LAUNCHES | MEDIA OUTREACH | VIDEO PRODUCTION | SOCIAL MEDIA STRATEGY





After working with Departure Point Films to produce a brand video for **At Your Door Pediatrics**, we launched it with a social content strategy and paid campaign.







KENDRA SCOTT

To build excitement around the launch their new spring "Color Bar" collection, Kendra Scott partnered with Tiramisu For Breakfast on a branded shopping event. Our goal was to increase event sales and achieve the feeling of being invited to an exclusive event with a community and the blogger whose style you trust, rather than just another shopping day at the mall.



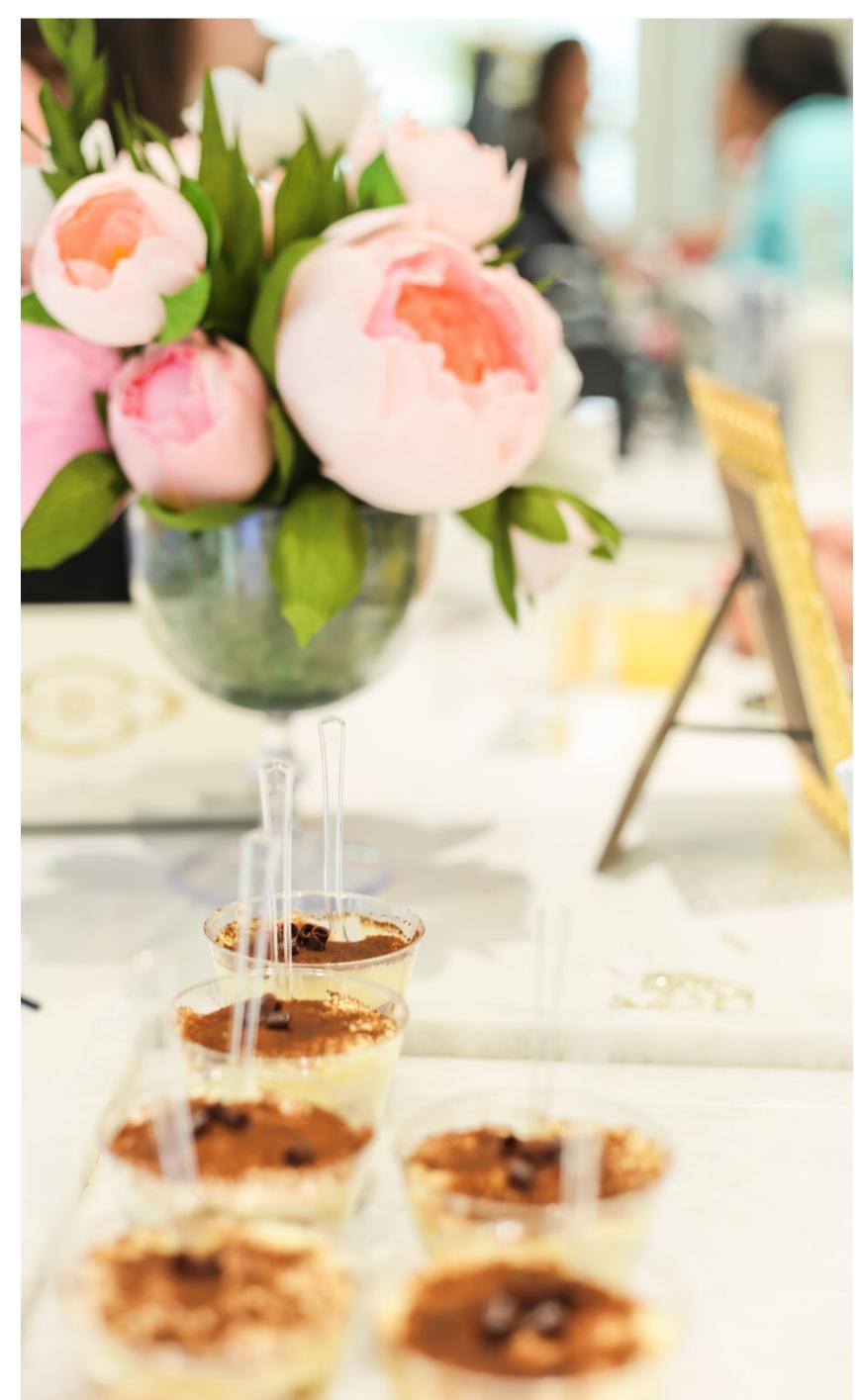






"Christina and TFB went above and beyond! We had an amazing turnout, sales were higher than forecasted, and guests were absolutely thrilled with the special touches like hair and makeup experiences for guests that she was able to secure through her large network. Christina's optimism is contagious, and even when thrown tight deadlines and other obstacles – she always conquered them with a smile and fast communications which was so appreciated. It was a huge success and our team can't thank TFB enough." - Kendra Scott Community Relations and Events Manager Devin Pilson









BOBINE BORN











Tiramisu For Breakfast partnered with **Nordstrom** Tyson's Corner Mall in Mclean, Virginia to co-host a beauty blogger event with **Bobbi Brown.**





RICHMOND DERMATOLOGY

As part of a rebranding campaign for Richmond

Dermatology, we conducted focus groups, developed a new content strategy, created social content, and partnered with influencers.









Tiramisu For Breakfast
partnered with Joanna
Avant Style and Petite
Modern to promote a
charity shopping event at
J. Crew to benefit Massey
Cancer Center.





We loved partnering with photographer extraordinaire Caroline Martin and Richmond Region Tourism on the Tiramisu For Breakfast Guide to Richmond. It would be impossible to list every place in Richmond that I love, but we listed as many as we could!







#power of she

Tiramisu For Breakfast partnered with Athleta to create Instagram content for the Power of She campaign which showcases the power of women coming together to create social impact through a foundation of health and wellness.

Athleta's mission to ignite a community of active, confident women and girls to reach their limitless potential and celebrates the power of sisterhood with the mantra "Alone We Are Strong, United We Thrive."

BRANDED CONTENT







Tiramisu For Breakfast
worked with Glow Med
Spa on branded
photography and social
content.





SOCIAL MEDIA STRATEGY | CONTENT CREATION | PHOTOGRAPHY

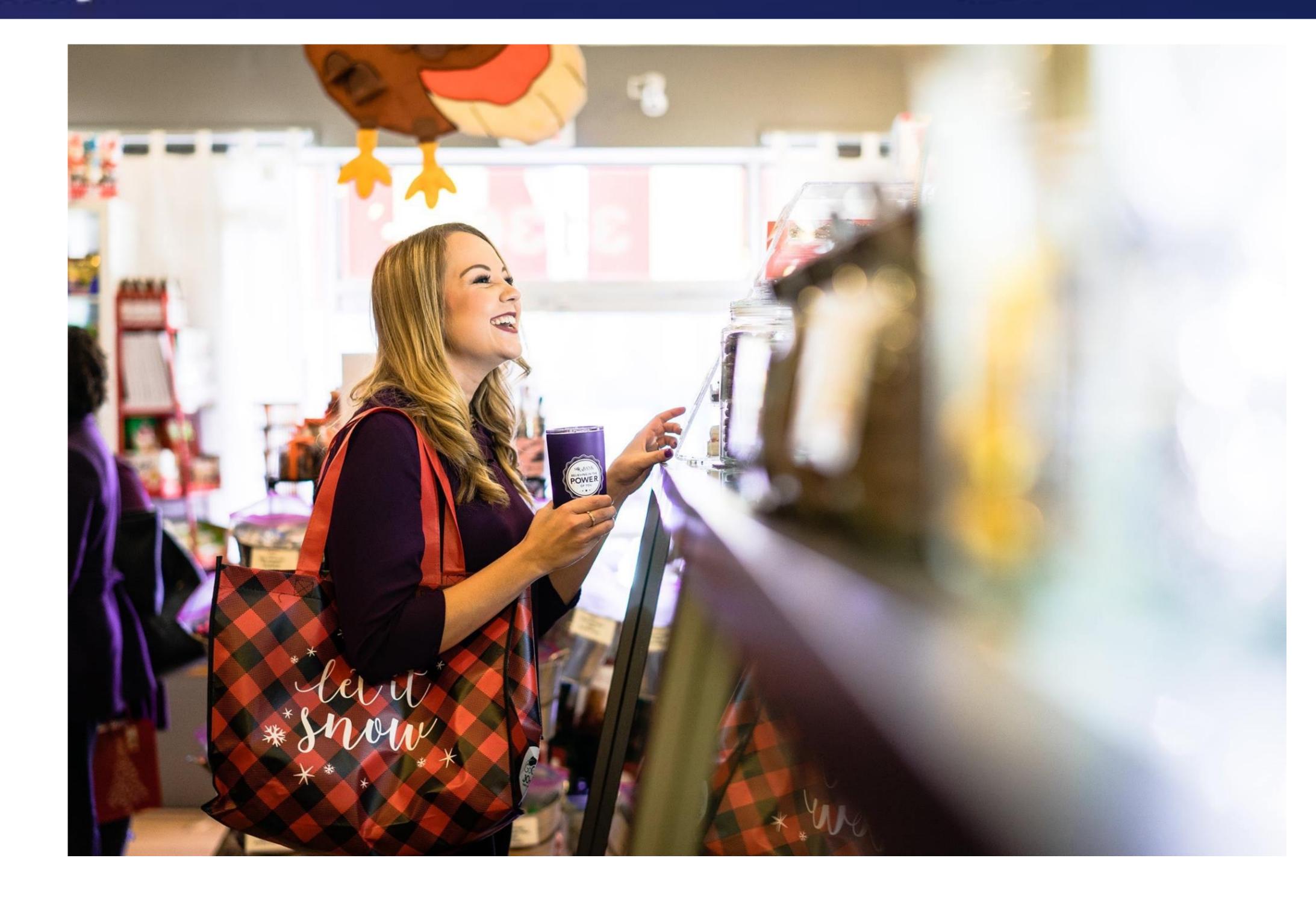


BIG BELIEVERS IN SMALL BUSINESS

#smallbusinesssaturday



Tiramisu For Breakfast
worked with local
community bank
Sonabank on social media
strategy, including a
merger/name-change,
Small Business Saturday,
and Women in Business
promotions.



SONABANI



To promote **Sonabank's** National Women's Business Week, we created a custom Facebook profile frame, which was used by women business owners all over Richmond

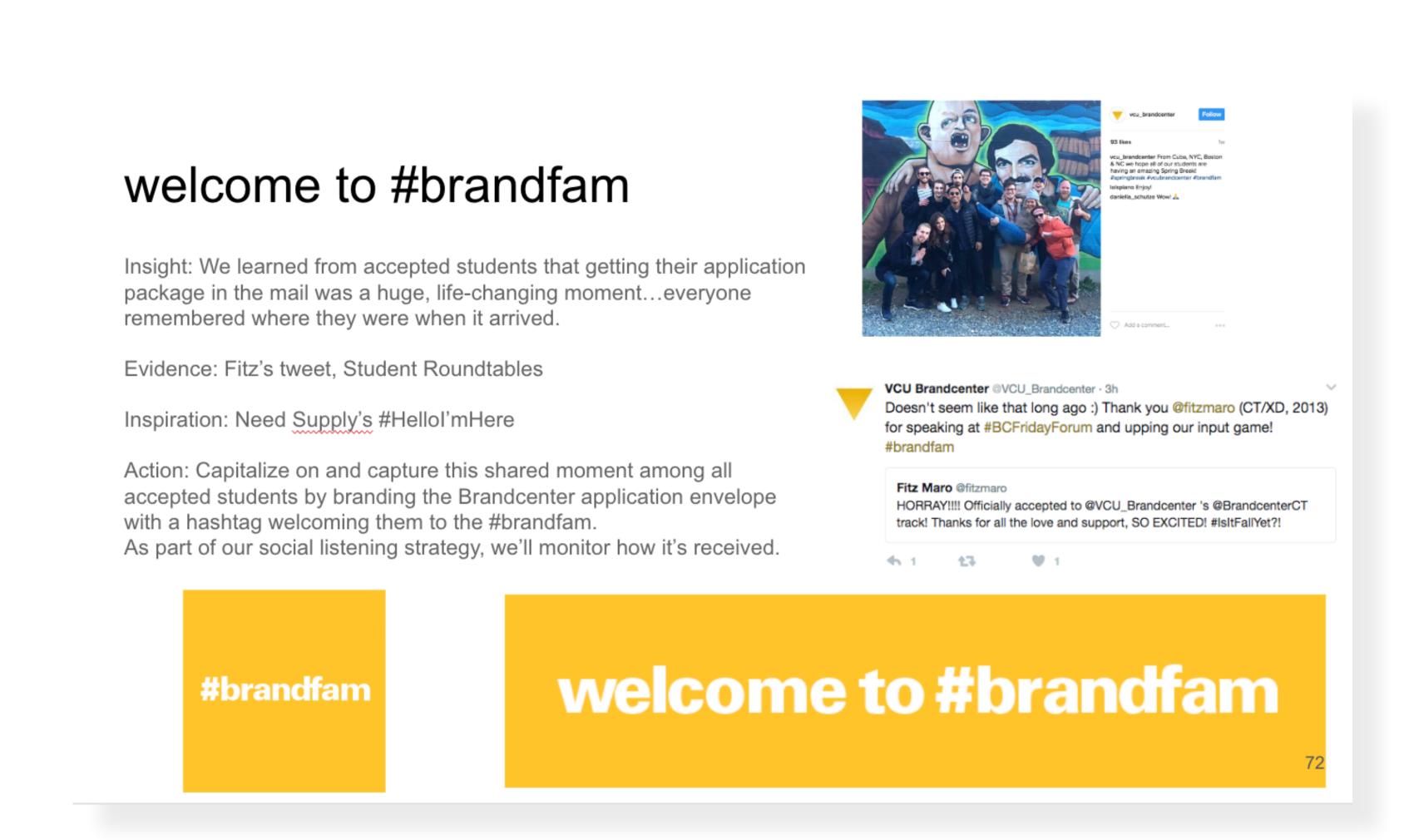






Social Content Strategy

We worked hand-in-hand with the recruiting and marketing team of the school to create an effective and sustainable social content strategy for the VCU Brandcenter. Not only did the Brandcenter see a 15.7% increase in requests for an application to the school following the campaign, they were also now equipped with a detailed content strategy built on insights from their audience and a plan for analyzing and optimizing on an ongoing basis.



Ask Hawley!

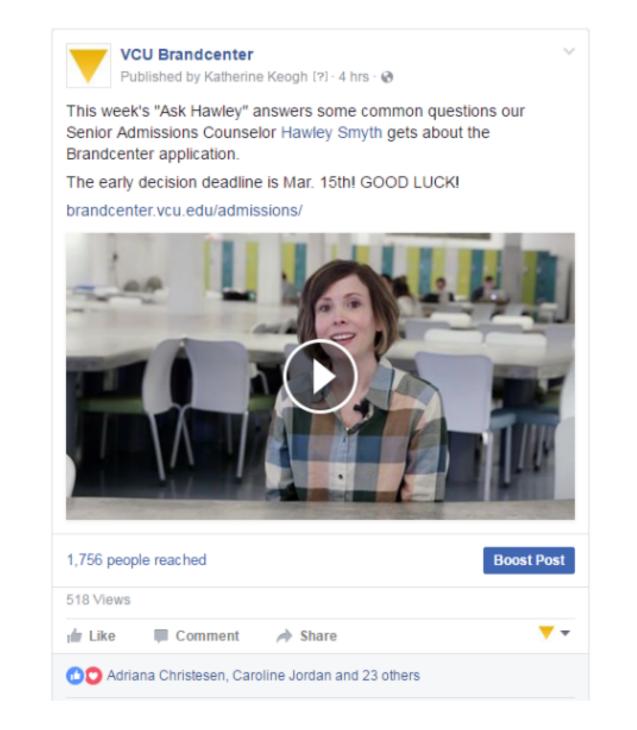
Insight: Prospective students had the same questions over and over about the admissions process and financial aid

Evidence: Observed from Hawley

Inspiration: UVA Darden Admissions videos

Action: Launch the Ask Hawley video series. Video topics will come from frequently asked questions in an effort to make the application process clear and simple for prospective students.

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MCU BRAND CENTER



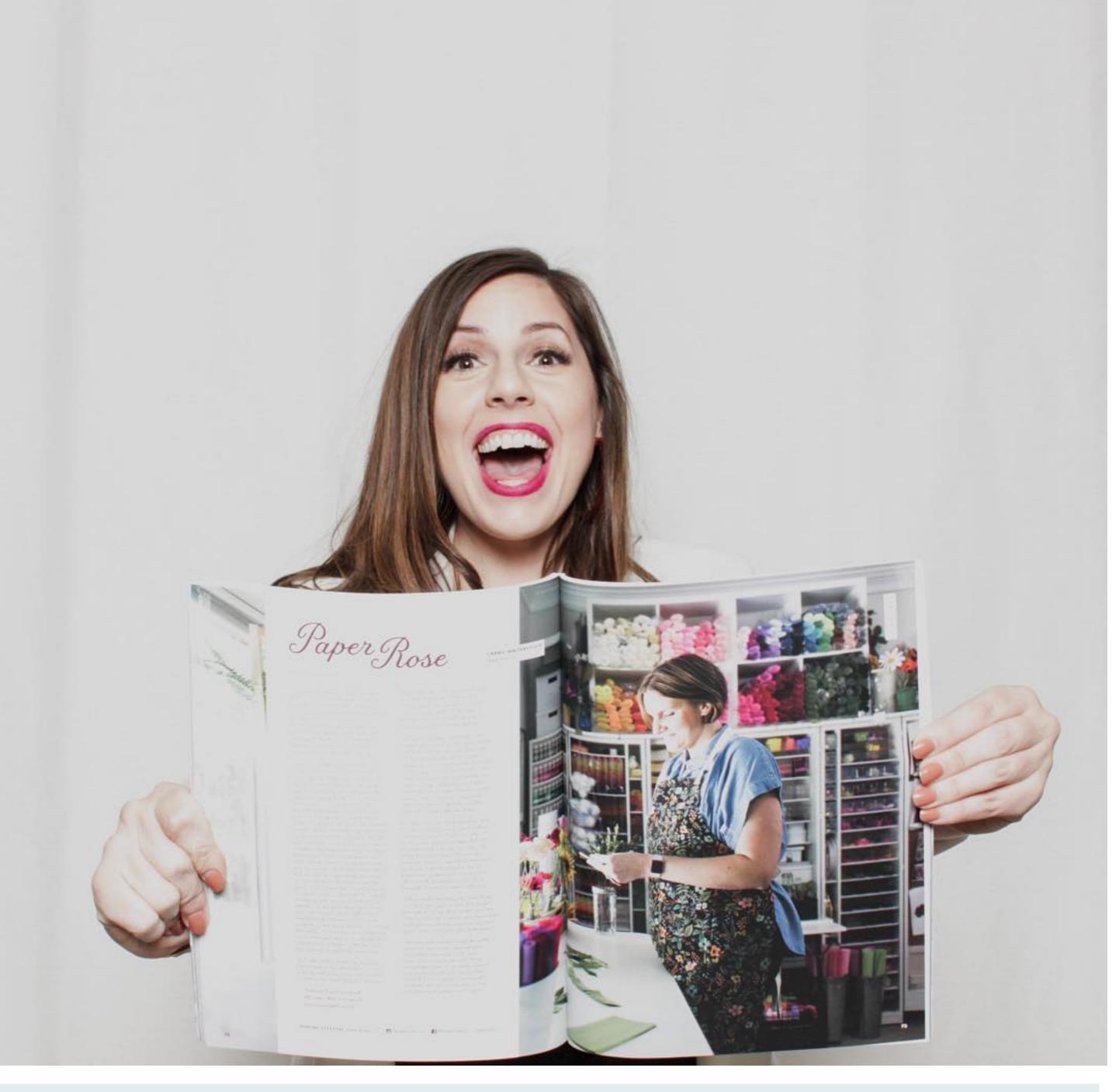
For the Rassawek Spring Jubilee, we hosted an Ask The Influencers session, which combines a focus group and influencers to get the right folks in the room taking about your brand at the right stage.



Tiramisu For Breakfast, along with other Richmond fashion bloggers, partnered with **Ann Taylor LOFT** on the launch of LOFT Littles, their new children's line.

ANN TAYLOR









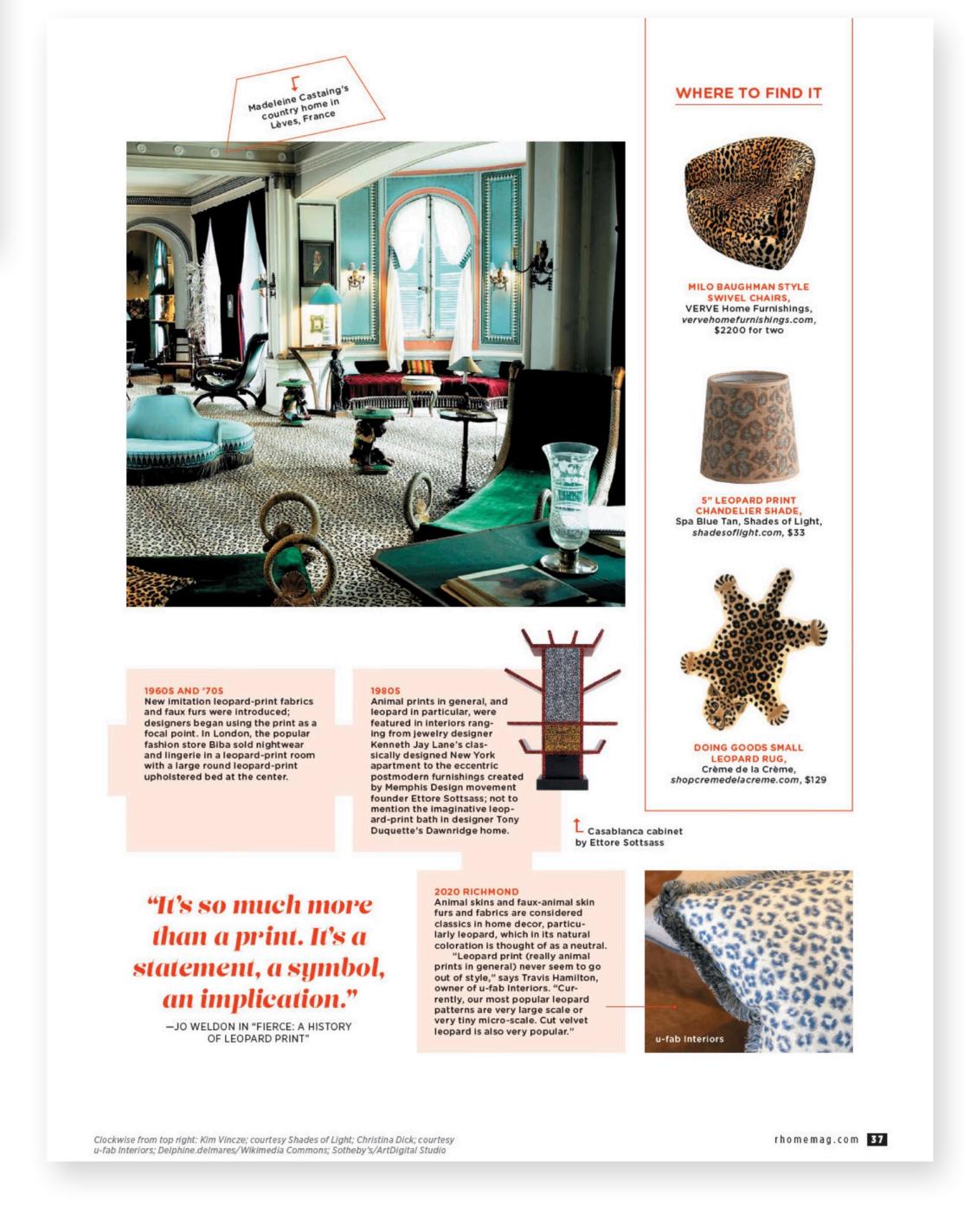


We wrote a story on Carrie Fleck, the paper flower artist behind Paper Rose Co, for B Side Collective.



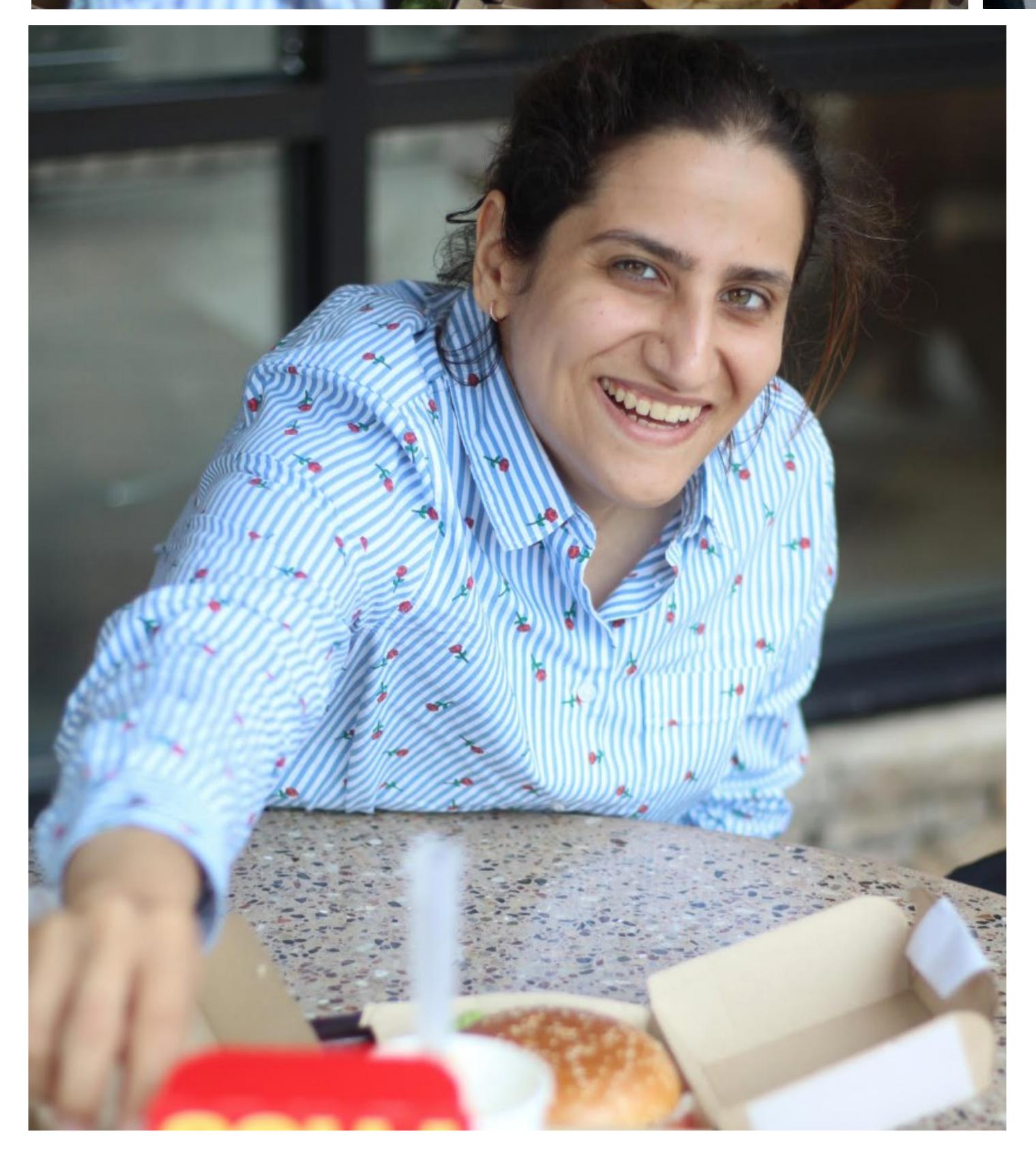
We wrote a piece for **R Home**'s May/June issue exploring the use of leopard print in interior design from ancient times through today. We had so much fun researching this article and talking to local Richmond designers.











To promote the limited-time
WorldwideFavorites menu at
McDonald's, we partnered with a
local Australian-style football team
on the launch of an Australian film
and with Eat It Virginia, a locallyproduced restaurant culture
podcast.



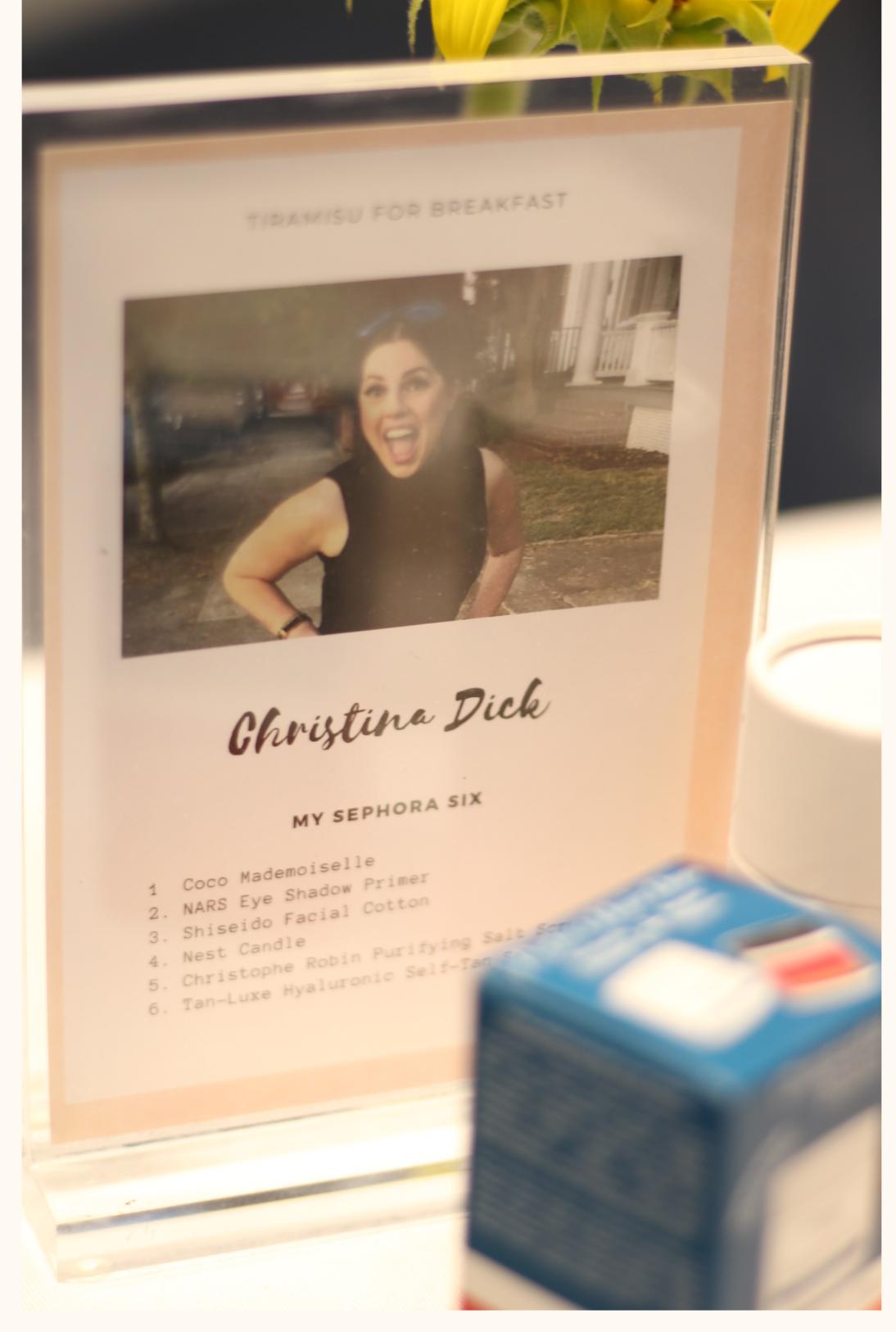
For the 40th anniversary of the Happy Meal, McDonald's relaunched popular toys from past decades. We worked with Guestroom Creative to design custom mailers for influencers to spread the word about the







Tiramisu For Breakfast,
along with other Richmond
fashion bloggers, partnered
with **SEPHORA** on a winter
beauty event.



SEPHORA

Community

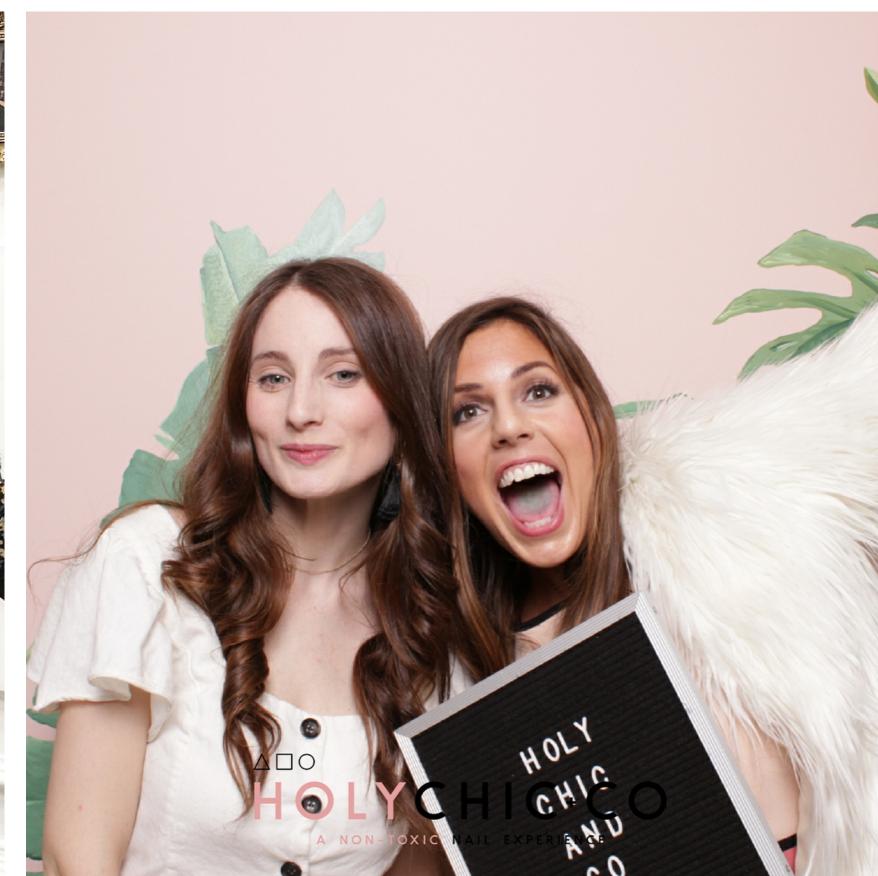
The **Tiramisu For Breakfast Community** is an Facebook group with members interested in beauty and fashion that ask and answer questions and support Tiramisu For Breakfast.









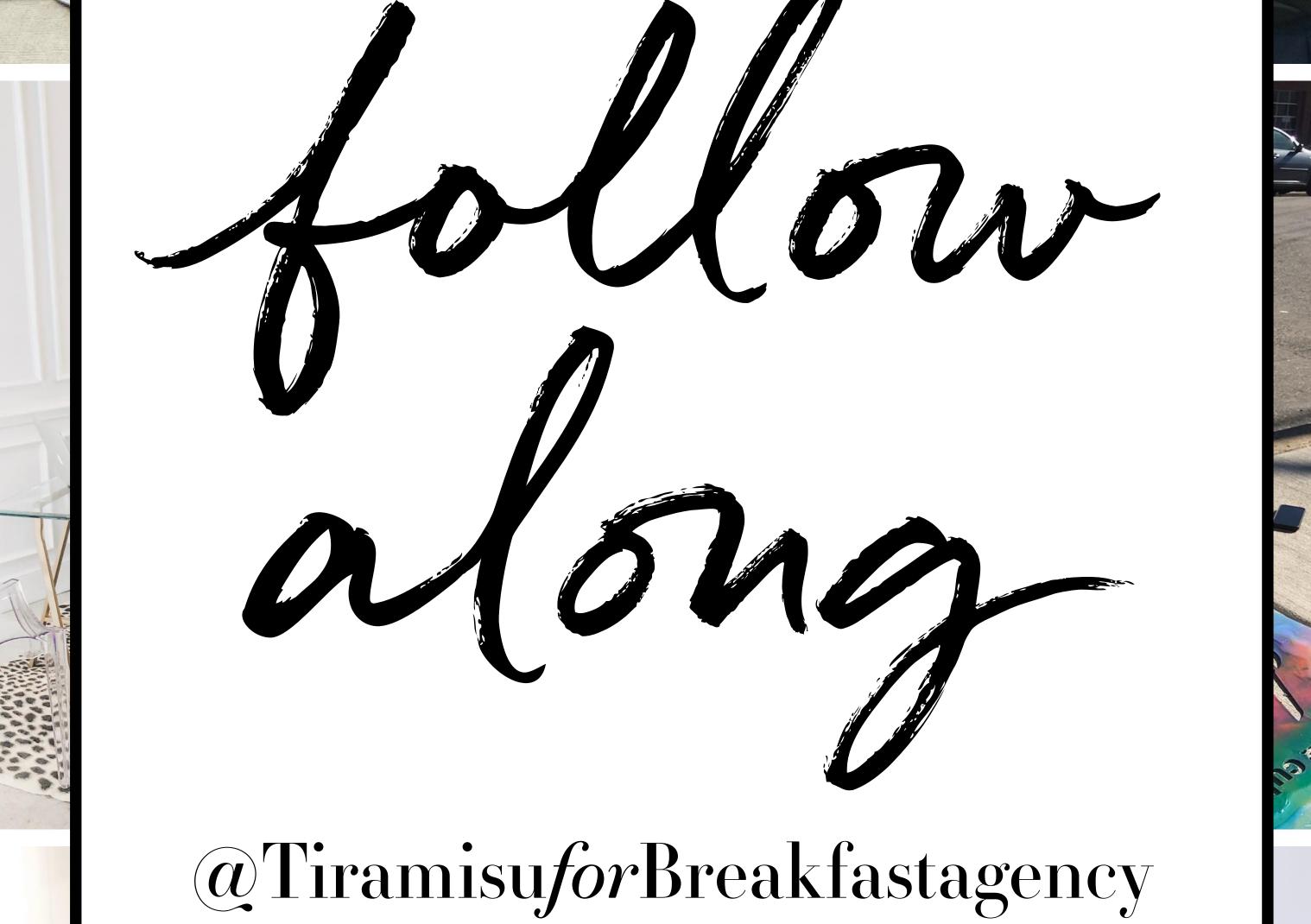


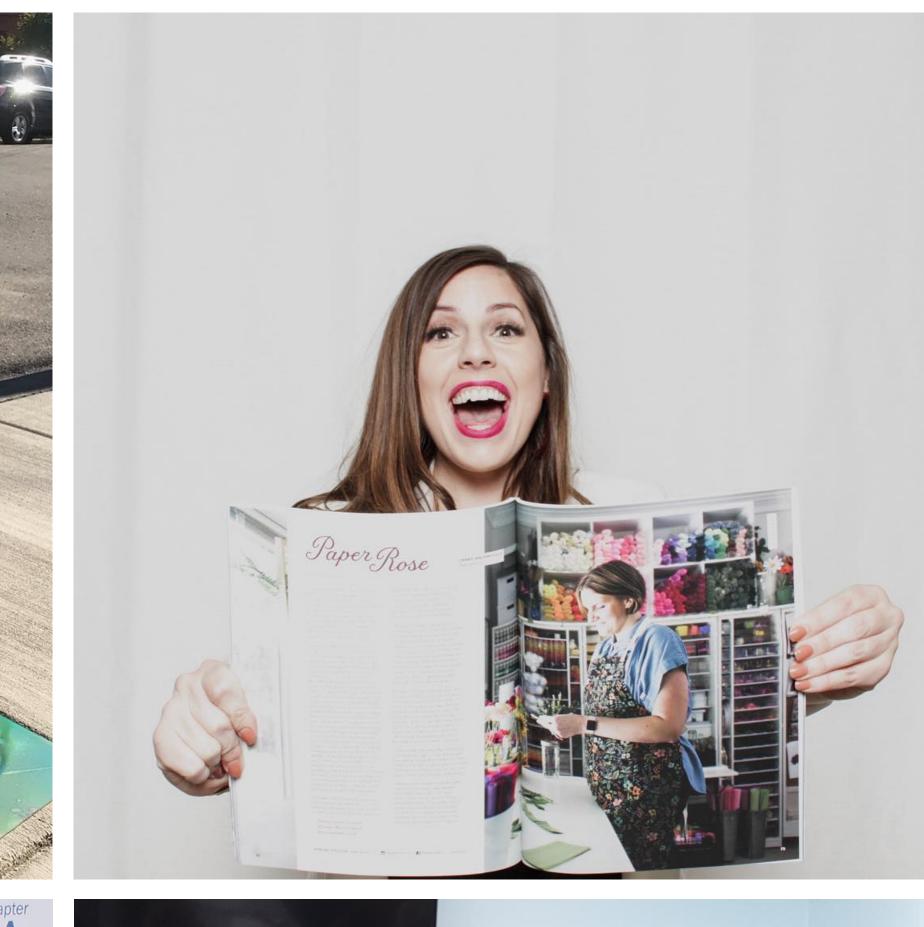




























TIRAMISUforBREAKFAST

A G E N C Y

Ideas you can't get anywhere else.



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